

Hiland School Milk Activity Sheet Instructions

For Food Service Directors – May 2026

Thank you for helping bring dairy nutrition to life in your school! Below are instructions for collecting and submitting student activity sheets for the optional contests.

Optional Milk Carton Contest (Grades 9-12)

Please have students return their milk carton designs directly to you.

Once collected, scan and email all entries by June 15th to:

info@hilanddairy.com

Subject line: *School Name – Activity Sheet Submissions*

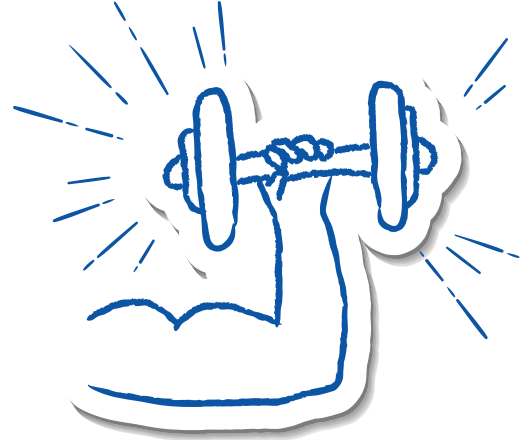
If scanning is not possible, you may also mail them to:

Hiland Dairy – School Milk Program

ATTN: Marketing Department

830 E Primrose, Suite 101

Springfield, MO 65807



What's Included in the Activity Sheets

Grade Level

Activity Highlights

K-5

Coloring, word search, and maze

6-8

Joke prompt, trivia, and comic strip

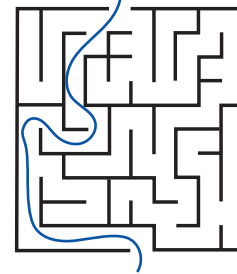
9-12

Milk carton design, make a meme, and milk quiz

K-5 Answer Key

BELT	G	E	A	R	A	E	T	W	L	B
HORN	P	E	W	H	R	U	E	H	T	I
OIL	L	M	N	O	I	P	E	E	I	O
TIRE	A	E	M	B	U	M	P	E	R	E
BUMPER	T	L	L	E	P	U	W	L	E	A
MOTOR	G	O	I	L	A	F	I	P	A	I
PAINT	F	W	S	T	I	F	P	O	E	E
WHEEL	I	H	O	R	N	L	E	E	N	B
GEAR	S	H	I	F	T	E	R	P	A	R
MUFFLER	T	M	O	T	O	R	S	E	E	R
SHIFTER										
WIPERS										

MAZE



6-8 Answer Key

1. Classical 2. 99% 3. True

Optional Joke Contest (Grades 6-8)

- Let students complete a "Funniest Joke" Class Contest!
- Complete the joke prompt and choose one winner from your school by June 15th
- Email the winning entry to info@hilanddairy.com with subject line: *School Name - Funniest Joke Entry*
- **Winning classes will receive FREE chocolate milk half pints!** Our Hiland team will coordinate delivery or apply a credit.

9-12 Answer Key

1. All of the above 2. 82.5% 3. Four Times 4. 300 miles

Thank you for helping us celebrate school milk in a creative, engaging way!

For questions, contact your Hiland representative or email info@hilanddairy.com.

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HILAND SCHOOL MILK**
HilandDairy.com/SchoolMilk

